

Eczema Behaviour Checklist

Below is a list of behaviours parents of children with eczema often have to manage. For each item: (1) circle the number that best describes how much of a problem that behaviour has been for you with your child, over the past **four (4)** weeks, and; (2) then, using the scale provided, write down the number next to each item that best describes how confident you are that you can successfully deal with your child's behaviour, even if it is a behaviour that rarely occurs or does not concern you.

Rate your confidence from 1 (Certain I can't do it) to 10 (Certain I can do it).

	To what extent has this behaviour been a problem for you with your child?							Rate your confidence in dealing with it from 1 (Certain I can't do it) to 10 (Certain I can do it)
	Not at all	A little	Somewhat	Much	Very much			
1. Complains about having a bath	1	2	3	4	5	6	7	<input type="text"/>
2. Complains about having creams applied	1	2	3	4	5	6	7	<input type="text"/>
3. Complains about the "feel" of baths or creams	1	2	3	4	5	6	7	<input type="text"/>
4. Complains that baths or creams "sting"	1	2	3	4	5	6	7	<input type="text"/>
5. Argues about having a bath or applying creams	1	2	3	4	5	6	7	<input type="text"/>
6. Behaves disruptively when bathing or applying creams	1	2	3	4	5	6	7	<input type="text"/>
7. Refuses or resists having a bath or applying creams	1	2	3	4	5	6	7	<input type="text"/>
8. Throws a tantrum about having a bath or applying creams	1	2	3	4	5	6	7	<input type="text"/>
9. Tries to remove creams after application	1	2	3	4	5	6	7	<input type="text"/>
10. Forgets to apply their creams	1	2	3	4	5	6	7	<input type="text"/>
11. Applies creams incorrectly	1	2	3	4	5	6	7	<input type="text"/>
12. Refuses to apply creams when eczema flares up	1	2	3	4	5	6	7	<input type="text"/>

13. Complains about going to the doctor	1	2	3	4	5	6	7	<input type="checkbox"/>
14. Refuses to go to school	1	2	3	4	5	6	7	<input type="checkbox"/>
15. Frequently visits the nurse at school	1	2	3	4	5	6	7	<input type="checkbox"/>
16. Frequently comes home from school	1	2	3	4	5	6	7	<input type="checkbox"/>
17. Becomes concerned or anxious when eczema flares up	1	2	3	4	5	6	7	<input type="checkbox"/>
18. Refuses to participate in activities	1	2	3	4	5	6	7	<input type="checkbox"/>
19. Complains about eczema	1	2	3	4	5	6	7	<input type="checkbox"/>
20. Complains about eczema symptoms	1	2	3	4	5	6	7	<input type="checkbox"/>
21. Complains about being itchy	1	2	3	4	5	6	7	<input type="checkbox"/>
22. Complains about wanting to scratch	1	2	3	4	5	6	7	<input type="checkbox"/>
23. Whinges or whines about eczema	1	2	3	4	5	6	7	<input type="checkbox"/>
24. Has trouble settling at bedtime or overnight	1	2	3	4	5	6	7	<input type="checkbox"/>
25. Damages their skin further by scratching	1	2	3	4	5	6	7	<input type="checkbox"/>

Does your child engage in any other behaviour related to eczema or its management that you find difficult to deal with?

Please write these behaviours below.	To what extent has this behaviour been a problem for you with your child?							Rate your confidence in dealing with it from 1 (Certain I can't do it) to 10 (Certain I can do it)
	Not at all	A little	Somewhat	Much	Very much			
	1	2	3	4	5	6	7	<input type="checkbox"/>
	1	2	3	4	5	6	7	<input type="checkbox"/>

	1	2	3	4	5	6	7	<input type="checkbox"/>
	1	2	3	4	5	6	7	<input type="checkbox"/>

Citation:

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