

## Work and Family Conflict Scale WAFCS

For the following scale please rate how much you agree with the following statements by circling the appropriate number.

1. Very strongly disagree
2. Strongly disagree
3. Disagree
4. Neither agree nor disagree
5. Agree
6. Strongly agree
7. Very strongly agree

	Very strongly disagree						Very Strongly Agree	
	1	2	3	4	5	6	7	
1. My work prevents me spending sufficient quality time with my family	1	2	3	4	5	6	7	
2. There is no time left at the end of the day to do the things I'd like at home (e.g., chores and leisure activities)	1	2	3	4	5	6	7	
3. My family misses out because of my work commitments	1	2	3	4	5	6	7	
4. My work has a negative impact on my family life	1	2	3	4	5	6	7	
5. Working often makes me irritable or short tempered at home	1	2	3	4	5	6	7	
6. My work performance suffers because of my personal and family commitments	1	2	3	4	5	6	7	
7. Family related concerns or responsibilities often distract me at work	1	2	3	4	5	6	7	
8. If I did not have a family I'd be a better employee	1	2	3	4	5	6	7	
9. My family has a negative impact on my day to day work duties	1	2	3	4	5	6	7	
10. It is difficult to concentrate at work because I am so exhausted by family responsibilities	1	2	3	4	5	6	7	

### Citation:

Haslam, D., Filus, A., Morawska, A., Sanders, M. R., & Fletcher, R. (2015). The work–family conflict scale (WAFCS): Development and initial validation of a self-report measure of work–family conflict for use with parents. *Child Psychiatry and Human Development*, 46(3), 346-357. doi: 10.1007/s10578-014-0476-0

## Work and Family Conflict Scale WAFCS- SCORING

	Scoring	Range	Interpretation
<b>Work-to-family conflict subscale</b>	Sum items 1-5	5-35	Higher scores indicate higher levels of conflict
<b>Family-to-work conflict subscale</b>	Sum items 6-10	5-35	

### Recommended Variable Names (for use with posted syntax)

<b>Item Names</b>	WAFCS_1, WAFCS_2, WAFCS_3, etc
<b>Work-to-family conflict subscale</b>	WFC_Tot_WAFCS
<b>Family-to-work conflict subscale</b>	FWC_Tot_WAFCS