

ADOLESCENT FUNCTIONING SCALE (ADOLESCENT REPORT)

Below is a list of behaviours and emotions that relate to teenagers. Please read each statement below and rate from 0 (Not At All True) to 5 (True Most of the Time) how true the statement was of you over the past four (4) weeks.

There are no right or wrong answers. Please do not spend too much time on any statement.

EXAMPLE:

I:	Not At All True					True Most of the Time
1. Refused to get up for school	0	1	2	3	4	5
2. Yelled, shouted or screamed	0	1	2	3	4	5

I:	Not At All True					True Most of the Time
1. Constantly asked for reassurance	0	1	2	3	4	5
2. Hurt my parent or other people (e.g. hit, pushed, kicked)	0	1	2	3	4	5
3. Lost my temper	0	1	2	3	4	5
4. Got involved in activities at school or in the community	0	1	2	3	4	5
5. Talked about my views, ideas and needs appropriately	0	1	2	3	4	5
6. Spent time with undesirable peers	0	1	2	3	4	5
7. Was good at planning ahead for big tasks (e.g. assignments or exams)	0	1	2	3	4	5
8. Put myself down	0	1	2	3	4	5
9. Used tobacco, drugs or alcohol	0	1	2	3	4	5
10. Came home late or missed my set curfew	0	1	2	3	4	5
11. Was unhappy or sad	0	1	2	3	4	5
12. Rudely answered back to my parent	0	1	2	3	4	5
13. Refused to do jobs around the house when asked	0	1	2	3	4	5
14. Tried hard at school/work/university	0	1	2	3	4	5
15. Was irritable	0	1	2	3	4	5
16. Didn't give up after a setback	0	1	2	3	4	5

I:	Not At all True	0	1	2	3	4	5	True Most of the Time
17. Engaged in risky or unhealthy activities	0	1	2	3	4	5		
18. Asked for advice about serious issues (e.g. drugs, sex, or relationships)	0	1	2	3	4	5		
19. Skipped school, classes or work	0	1	2	3	4	5		
20. Did things for myself	0	1	2	3	4	5		
21. Got upset or angry when I didn't get my own way	0	1	2	3	4	5		
22. Whined or complained	0	1	2	3	4	5		
23. Thought through consequences before acting	0	1	2	3	4	5		
24. Talked back or argued when asked to do something	0	1	2	3	4	5		
25. Had goals for the future	0	1	2	3	4	5		
26. Was fearful and scared	0	1	2	3	4	5		
27. Worried	0	1	2	3	4	5		

Scoring

Create a mean score for each subscale as follows:

Positive Development scale (9 items)

$(4 + 5 + 7 + 14 + 16 + 18 + 20 + 23 + 25)/9$

Oppositional Defiant Scale (8 items)

$(2 + 3 + 12 + 13 + 15 + 21 + 22 + 24)/8$

Antisocial Behaviour scale (5 items)

$(6 + 9 + 10 + 17 + 19)/5$

Emotional Difficulties scale (5 items)

$(1 + 8 + 11 + 26 + 27)/5$

Instrument reference

Dittman, C. K., Burke, K., Filus, A., Haslam, D., & Ralph, A. (2022). Adolescent Functioning Scale. Parenting and Family Support Centre, The University of Queensland, Australia

Validation references

Dittman, C. K., Burke, K., Filus, A., Haslam, D., & Ralph, A. (2016). Measuring positive and negative aspects of youth behaviour: Development and validation of the Adolescent Functioning Scale. *Journal of Adolescence*, 52, 135-145. <https://doi.org/10.1016/j.adolescence.2016.08.002>

Dittman, C. K., Burke, K., Haslam, D., & Ralph, A. (2022). Assessing adolescent functioning from different perspectives: Extending the validation of the Adolescent Functioning Scale (AFS). *Child Psychiatry and Human Development*. <https://doi.org/10.1007/s10578-022-01428-2>