

## BELIEFS ABOUT SEXUALITY COMMUNICATION QUESTIONNAIRE

Below are some reasons that influence parents' communication to their children about sexuality.

The extent to which the following are **true of your communication with your child about sexuality**, on a scale of **1 (Very Untrue)**, **3 (Neither True nor Untrue of Me)** to **5 (Very True)**.

	Very Untrue of Me	1	2	3	4	Very True of Me
1. My child is too young/ not ready to understand what sexuality means	1	2	3	4	5	
2. I can protect my child's innocence if I don't talk to him/her about sexuality	1	2	3	4	5	
3. I feel like I know enough about sexuality	1	2	3	4	5	
4. I don't have to talk to my child about sexuality because he/ she already knows enough about sexuality	1	2	3	4	5	
5. I prefer to wait for my child to initiate communication about sexuality	1	2	3	4	5	
6. I have thought about my role in providing sexuality education to my child	1	2	3	4	5	
7. Talking about sexuality to my child does not support my cultural or religious beliefs	1	2	3	4	5	
8. I believe we should have a big talk about sex when my child is old enough	1	2	3	4	5	
9. My child is already receiving all that he/she needs to know about sexuality from other sources (e.g., school, media) so it is not necessary for me to talk to my child about sexuality	1	2	3	4	5	
10. I feel comfortable talking about sexuality	1	2	3	4	5	
11. When I was a child, I had good experiences in talking about sexuality with my own parents	1	2	3	4	5	
12. My spouse or partner is mostly responsible for speaking to my child about sexuality so I don't have to speak to my child about sexuality	1	2	3	4	5	
13. I do not think my child is at risk for sexual abuse	1	2	3	4	5	
14. I have been successful at speaking to my child about sexuality previously	1	2	3	4	5	
15. I believe that communicating with my child about sexuality could make him/her more at risk for sexual abuse	1	2	3	4	5	
16. I feel that I have the skills and ability to influence my child's thoughts and behaviour about sexuality	1	2	3	4	5	
17. Talking about sexuality is not a priority for me or my child now	1	2	3	4	5	

## Reference

Teo, S., Morawska, A. (2021). Communicating with Children about Sexuality: A Randomised Controlled Trial of a Brief Parenting Discussion Group. *J Child Fam Stud* 30, 1487–1500.  
<https://doi.org/10.1007/s10826-021-01948-w>