

Scoring Key for the CAPES

Child Adjustment Scale: 32 items (rating scale 0–3). Note that items in bold must be reverse scored (i.e. 0=3, 1=2, 2=1, 3=0). Subscale scores are calculated by summing relevant items.

Parent Efficacy Scale: sum all parent confidence ratings for 22 items (rating scale 1–10). Note that there are no parent confidence ratings for reverse-coded items.

Table 1. Scoring Key for the CAPES

Scale	Items	Interpretation	Possible range
<i>CAPES Child Adjustment</i>			
Emotional maladjustment	3, 11, 18	Higher scores indicate greater levels of child emotional problems	0-9
Behavioural problems	1, 2, 4, 5, 6, 7, 8, 9, 10, 12, 13, 14, 15, 16, 17, 19, 20, 21, 22, 23, 24, 25, 26, 27	Higher scores indicate greater levels of child behavioural problems	0-72
Peer relationship problems	28, 29, 30, 31 , 32	Higher scores indicate greater levels of child peer relationship problems	0-15
<i>CAPES Parent Efficacy</i>			
Parent Efficacy	1, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16, 17, 18, 19, 28*, 29*, 32*	Higher scores indicating greater levels of parent efficacy	19-190 22-220*

Note. * When using CAPES with the peer relationship problems subscale.

Table 2. Recommended Clinical Cut-offs for the CAPES

Subscale	M	SD	Normal	Mild	Moderate	Severe
Emotional Maladjustment	3.04	2.03	0-4	5	6	7-9
Behavioural Problems	24.90	11.11	0-35	36-41	42-46	47-72
Peer relationship Problems	3.34	2.95	0-5	6-7	8-9	10-15
Parent Efficacy ¹	124.54	35.06	90-190	72-89	56-71	19-56
Parent Efficacy ²	142.15	40.42	103-220	82-102	64-81	22-63

Note. Cut-offs were rounded up to the nearest whole number (round down if < .30). Mild: +/- 1 SD; Moderate: +/-1.5 SD; Severe: +/-1.96 SD. ¹ For CAPES **without** the peer relationship problems subscale. ² For CAPES **with** the peer relationship problems subscale.

Citation for the clinical cut-offs:

Ma, T., Sanders, M. R., Hodges, J., Boyle, C., Healy, K. L., & Morawska, A. (2024). Extended Child Adjustment and Parent Efficacy Scale (CAPES): Inclusion of the Peer Relationship Problems Subscale and updated psychometric properties. *Australian Psychologist*. <https://doi.org/10.1080/00050067.2024.2411354>