

Facilitative Parenting Scale

The *Facilitative Parenting Scale* (Healy & Sanders, 2008b) is a 58-item self-report of parenting that supports child friendships and peer skills. Parents rate items from 1 (Not true) to 5 (Extremely true). The scale has previously discriminated children rated by teachers as being bullied from children who are not bullied and demonstrates very good internal consistency ($\alpha = .88$) (Healy, Sanders & Iyer, 2013). Higher scores indicate higher levels of facilitative parenting. There are 19 reverse-scored items (4, 11, 14, 16, 17, 18, 26, 31, 33, 37, 38, 40, 42, 46, 48, 49, 51, 53 and 57). To calculate scores of reverse score item, use the formula: $6 - \text{score} = \text{reverse score}$. The mean score across all items is used for the whole-scale score. Clinical cut-offs for the scale are recorded below (Healy & Sanders, 2014).

	Normal range	Borderline range	Low range
Facilitative parenting	≥ 3.48	3.30–3.48	< 3.30

Subscales:

Subscales	Items	Internal Consistency*	Example
FP Warm	23, 47, 39, 22, 35, 10, 2	$\alpha = .79$	My child and I enjoy time together
FP Supports Friendships	15, 34, 41, 7, 3, 50, 45, 24, 29	$\alpha = .81$	I arrange for my child to see friends out of school
FP Not Over-Protective	18R*, 33R, 17R, 49R, 53R, 11R, 4R, 51R, 14R	($\alpha = .77$)	I tend to baby my child
FP Not Conflicting	38R, 31R, 16R, 40R	$\alpha = .86$	My child and I argue a lot
FP Child Communicates to Parent	5, 13, 36	$\alpha = .73$	My child comes to see me if s/he has a problem
FP Parent Coaches	54, 58, 28, 20	$\alpha = .69$; mean $r = .36$	I help my child practise standing up for him/ herself
FP Communicates with Teacher	8, 43, 56	$\alpha = .64$; mean $r = .38$	I can calmly discuss any concerns that might arise with my child's teacher
FP Not Over-Involved in School	55R, 32R	$\alpha = .76$	I talk to my child's teacher much more than other parents do.
FP Not Aggressively Defensive	57R, 46R, 42R	$\alpha = .52$; mean $r = .31$	If another child acts meanly to my child, I might tell him/ her off
Enables Independence	26, 30, 27	$\alpha = .57$; mean $r = .32$	I encourage my child to decorate his/ her own space
FP Not Overly Directive	37R, 48R	$\alpha = .54$; mean $r = .37$	When my child has a problem, I tell him/ her what to do

* Internal consistency scores from Healy, Sanders & Iyer, 2014

** R = Reverse-scored item

References:

- Healy, K. L., & Sanders, M. R. (2014). Randomized controlled trial of a family intervention for children bullied by peers. *Behavior therapy*, 45(6), 760-777.
- Healy, K. L., & Sanders, M. R. (2008b). Facilitative Parenting Scale. Unpublished instrument. Parenting and Family Support Centre, School of Psychology, The University of Queensland
- Healy, K. L., Sanders, M. R., & Iyer, A. (2013). Parenting practices, children's peer relationships and being bullied at school. *Journal of Child and Family Studies*, 24(1), 127-140.
- Healy, K. L., Sanders, M. R., & Iyer, A. (2014). Facilitative Parenting and Children's Social, Emotional and Behavioral Adjustment. *Journal of Child and Family Studies*, 24(6), 1762-1779.